

14 - 18 DECEMBER 2024

QUALIFYING TIMES

Qualifying Requirements

Qualifying times must have been achieved between 16 December 2023 and entry closing date.

Short course qualifying times **cannot** be used.

RELAYS

BOYS			
Relays	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	3:54.20		
4x100m Medley	4:21.50		
4x50m Freestyle	1:52.10	1:55.10	2:18.00
4x50m Medley	2:05.20	2:07.20	2:26.00

GIRLS			
Relays	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	4:22.50		
4x100m Medley	4:48.80		
4x50m Freestyle	2:02.30	2:02.80	2:18.00
4x50m Medley	2:15.50	2:16.50	2:33.40

MIXED	
Relay	12-18 Years
4x50m Freestyle	2:10.35

14 - 18 DECEMBER 2024

QUALIFYING TIMES

BOYS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	26.74	27.06	27.52	28.32	30.09	32.38
100m	LC	58.02	58.61	1:00.67	1:02.43	1:05.90	1:11.97
200m	LC	2:08.22	2:10.69	2:13.08	2:16.62	2:22.84	2:35.99
400m	LC	4:32.39	4:36.57	4:42.55	4:50.44	5:04.41	5:29.29
800m	LC	9:21.00	9:27.21	9:44.54	9:56.60	10:41.29	10:51.05
1500m	LC	17:49.45	17:52.09	18:35.44	19:14.20	19:52.85	19:56.72
BACKSTROKE							
100m	LC	1:07.36	1:08.43	1:10.47	1:13.28	1:15.43	1:23.56
200m	LC	2:23.26	2:26.37	2:31.94	2:38.09	2:45.61	2:55.14
BREASTSTROKE							
100m	LC	1:15.08	1:16.10	1:18.02	1:21.18	1:27.67	1:37.46
200m	LC	2:43.04	2:44.92	2:49.99	2:55.39	3:09.19	3:21.97
BUTTERFLY							
100m	LC	1:05.41	1:06.26	1:07.92	1:10.82	1:16.87	1:27.26
200m	LC	2:25.89	2:30.26	2:32.41	2:39.18	2:47.67	3:14.56
INDIVIDUAL MEDLEY							
200m	LC	2:25.40	2:28.38	2:31.65	2:35.74	2:45.93	2:54.50
400m	LC	5:09.06	5:15.74	5:21.70	5:30.29	5:50.11	6:13.23

GIRLS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	29.50	30.08	30.37	30.80	31.32	32.16
100m	LC	1:04.35	1:05.34	1:05.87	1:07.55	1:08.09	1:10.49
200m	LC	2:22.42	2:23.54	2:24.45	2:25.35	2:29.42	2:33.00
400m	LC	5:03.09	5:04.70	5:10.32	5:12.33	5:19.79	5:22.99
800m	LC	10:05.09	10:06.03	10:24.17	10:32.76	10:36.20	11:05.75
1500m	LC	19:31.71	19:48.05	19:55.08	19:59.24	20:03.14	21:09.80
BACKSTROKE							
100m	LC	1:14.89	1:15.84	1:16.74	1:18.27	1:20.31	1:22.65
200m	LC	2:39.44	2:42.40	2:44.73	2:47.21	2:51.64	2:53.88
BREASTSTROKE							
100m	LC	1:24.20	1:24.90	1:26.69	1:28.28	1:31.03	1:32.70
200m	LC	3:01.95	3:05.76	3:07.75	3:11.69	3:16.76	3:19.75
BUTTERFLY							
100m	LC	1:12.47	1:12.89	1:14.07	1:16.06	1:18.22	1:21.44
200m	LC	2:41.52	2:43.26	2:47.00	2:50.43	2:55.73	3:02.75
INDIVIDUAL MEDLEY							
200m	LC	2:40.64	2:43.07	2:43.22	2:48.03	2:53.89	2:55.13
400m	LC	5:32.24	5:35.81	5:39.38	5:48.64	5:57.24	6:07.96